

**QUARANTINE**

Vol 1



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## **RECOGNITION**

### **Signal Curators:**

***The Signal Curators are a group of 16 to 25 year olds who love art. They meet monthly at Signal to hear from artists, curators and art world people and to plan exhibitions, workshops and other projects.***

***Editors: Angela Liang, Lachlan Wyness***

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***Super(vising) artists: Aysha Tufa + Samira Farah***

***We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging. Sovereignty has never been ceded.***



# WHICH QUARANTINE STEREOTYPE ARE YOU?

## 1. What's Your Favourite thing?

- a) A good bargain!
- b) Umami flavs.
- c) My labelmaker!



## 2. What keeps you up at night?

- a) The excitement of receiving a parcel that you've just been notified is on its way!
- b) The sorrow of never being able to eat all the delicious pastries on your IG feed.
- c) The colour scheme of my home decor that is dying for a revamp this new season!

## 3. What's could you not live without?

- a) Free delivery.
- b) My cast iron pan.
- c) Kmart storage organisers.



## 4. Who's your personal idol?

- a) The mail man.
- b) Jamie Oliver.
- c) Marie Kondo.







## Did you get mostly a,b or c?

### Mostly As – The Online Shopaholic

A touch activated LED lamp that can double as mobile night lamp? Sold! A cardboard projector for your cellphone? SOLD. Talk about essential shopping only amirite? You're on a first name basis with your mailman and you're a pro at online customer service.

### Mostly Bs – The Home Chef

You love the sensation of new and exciting flavours hitting your taste buds. A foodie at heart but also an adventurer of the gourmet food aisle. What better activity than one that combines a primal instinct with the joys of Master Chef? From organic food store to table, with a sprinkle of edible flowers. You follow food grams with a passion.

### Mostly Cs – The Organiser

What better time to organise your belongings and get rid of unnecessary junk! You love the exhilaration of knowing that everything is perfectly in its place. Kmart kitchen and storage organisers are some of your favourite things. Some may say you're borderline obsessive but everything just feels right.!







## **misguided iso food creations (an editorial)**

after what's now been months of lockdown, i reached my limit for cooking last week. i'll probably get back on the saddle in a day or so, but until then it's been a constant stream of packaged junk, broken up occasionally by my parents reminding me to eat my veggies (losing grip on my independence never felt so good). aside from a few times recently when i (literally) boiled some leftover bones and veggie scraps in water, i decided to (figuratively) take stock of the different phases i went through in birthing haphazard culinary delights into this chaotic world and see if i've learned anything in the process.

first, and most prominently to account for my not-so-sudden weight gain, there was the 'whole-damn-feast for one' phase. this regal affair at the start of iso involved impulsive grocery shopping and too much time alone with my thoughts, which resulted in many a stomach ache induced by stress-eating.

advice: don't buy six tubes of sausage stuffing that expires the next day, just because it's on sale for 90% off the original price (i didn't leave the toilet for more than 10 minutes at a time for a few day after that ... let's chalk it up as 'a mishap')

next was a couple of whitewashed takes on curry and stir-fry courtesy of some trendy lifestyle publications. can you blame me? new york times said this is #thethingtocook. i know this is a spicy topic, but (ironically?) the recipes were anything but. in that they were completely lacking heat and flavour. i guess i learned turmeric and sumac are new inventions, apparently.

advice: pay proper respects to the traditional cuisines you're drawing from, and don't think you know better (for those that don't heed this advice, i hope you know what you're doing, and bon appetit).

after that was a long period of what i like to call 'deep-frying under the influence'. it's basically a high-carb and (seemingly random) mix of whatever's in the pantry while heavily intoxicated ... somehow it sorta works. i mean, i dunno if it was the after-effects of the multiple blue cheese + hot sauce infused pb&j sandwiches i'd hastily consumed or maybe the sleeping pills i was prescribed, but man my dreams those nights were wild. it was fun while it lasted but i desperately needed a diet and a detox.

advice: just keep it simple.

in the final and most recent phase of my transformation from a novice kitchen klutz to an experienced chef de partie-for-one, i took my own advice but kept it a bit TOO simple. loneliness, a dwindling supply of creativity, and zero energy combined to create the ultimate depression meal (a.k.a. i don't wanna leave my room under any circumstances except to use the bathroom and pick up food delivery orders). you've got a single piece of stale banana bread and a two minute noodle packet but no hot water? good enough. this is the real dry july.

advice: embrace becoming the imperfect masterchef. you're not used to cooking for yourself, so every element of the meal isn't gonna be perfection on a plate (it might be slightly burnt/under-prepared/wrong ingredients but you tried your very best, and that's what counts <3.)

and that's it for me. i hope you learned something productive, and if you wanna listen to me ramble some more about food prep, you can catch me in the aisles of any given supermarket looking for bargains while loudly contemplating my life decisions to the nearest checkout chick (or am i just yelling at a self-service register again?).



hi "editor", whatever your name really is.

i just wanted to write to you with a complaint after your incredibly vague advice in last month's column (titled "#HOME-HACKS", in case you forgot) about how to best spend one's time in iso has left me in crippling debt. you unclearly implored readers to "#get this bread" in order to "#be the most luxurious version of yourself", without explaining any coherent ways of doing so, beyond "#radically evolving your thinking" and nothing further on what these radical thoughts would actually entail.

you see, i took your words extremely seriously as i do with everything in life. i'm writing to you with a freezer LITERALLY BURSTING FULL of homemade sourdough bread, an EMPTY bank balance, and a THIRD mortgage on the house because i maxed out all my credit cards on online shopping purchases related to trying to get an artisanal bakery set up in my personal kitchen. i now have 3 intimidating loan sharks breathing down my neck because i resorted to quick loans from the mafia and have subsequently accrued a MOUNTAIN OF DEBT. WHAT ELSE AM I SUPPOSED TO PAY THEM WITH?? RYE?!?! THE ONLY ALTERNATIVE PAYMENT THEY KNOW IS BLOOD.

ALSO, my two children stopped responding to my texts after i told them I'd withhold paying for their tennis lessons indefinitely, unless they each sell 100 ciabatta loaves to their friends by the end of the week. furthermore, my partner and i now sleep in separate rooms, as they find me quote "unbearable to be around" and as such are seeking a divorce plus full custody of the twins but that's not a result of the bread stuff.

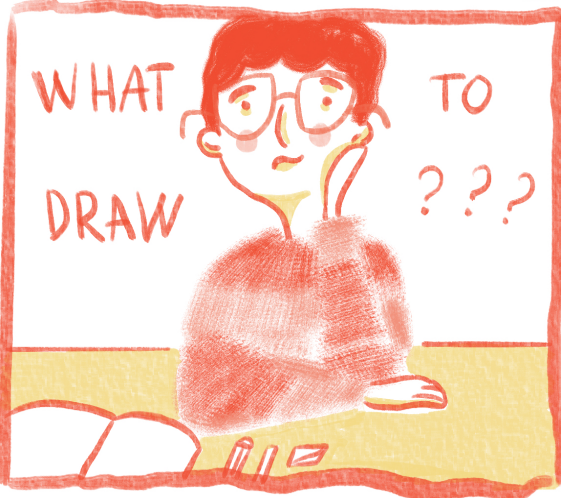
PLEASE "editor", tell me what to do with my life now that you have so carelessly ruined it with your buzzword-y advice.

yours sincerely,  
a concerned citizen

editor response:

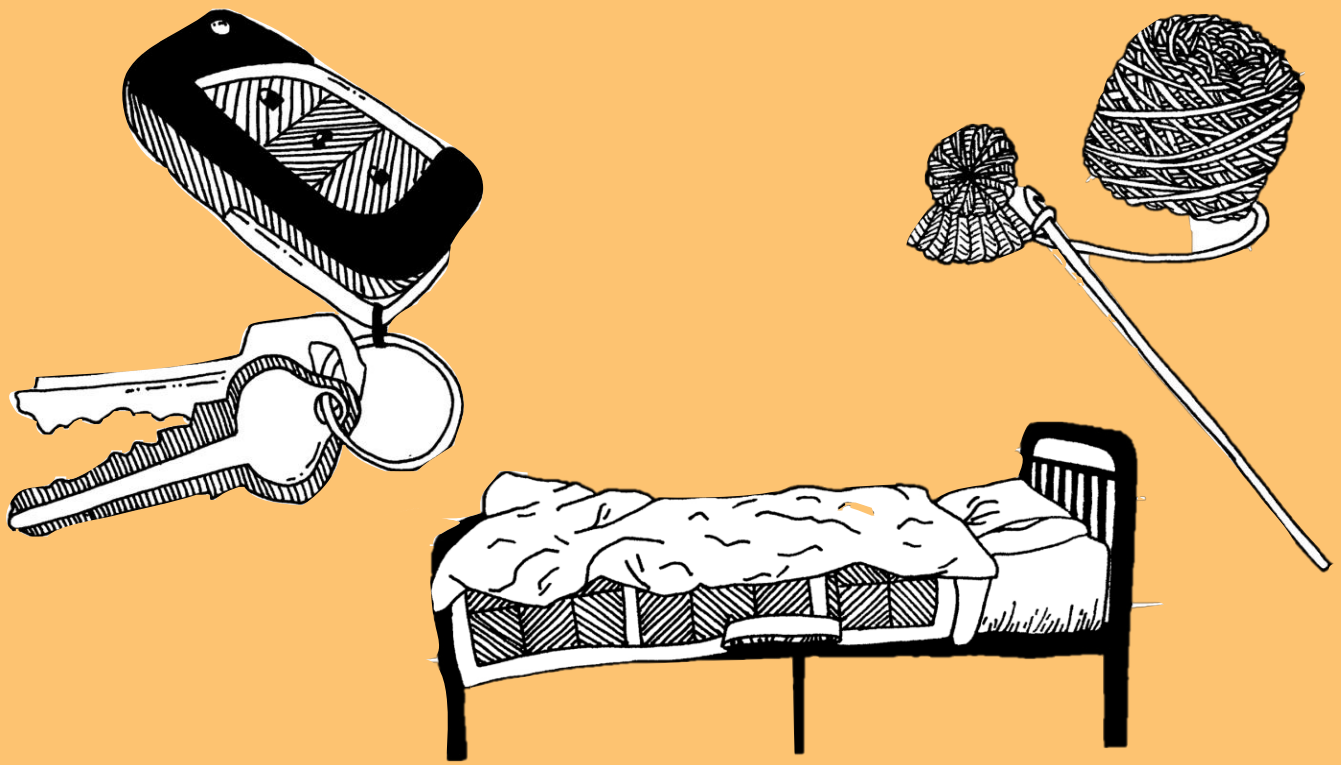
while you re right in correcting me on a poorly conceived puff piece (you could say in this case it s a puff-pastry piece hohoho) i wrote to fulfil our magazine s end of a lucrative agreement with ADLI, jeeeeez please leave me out of your poor spending habits and failing marriage.



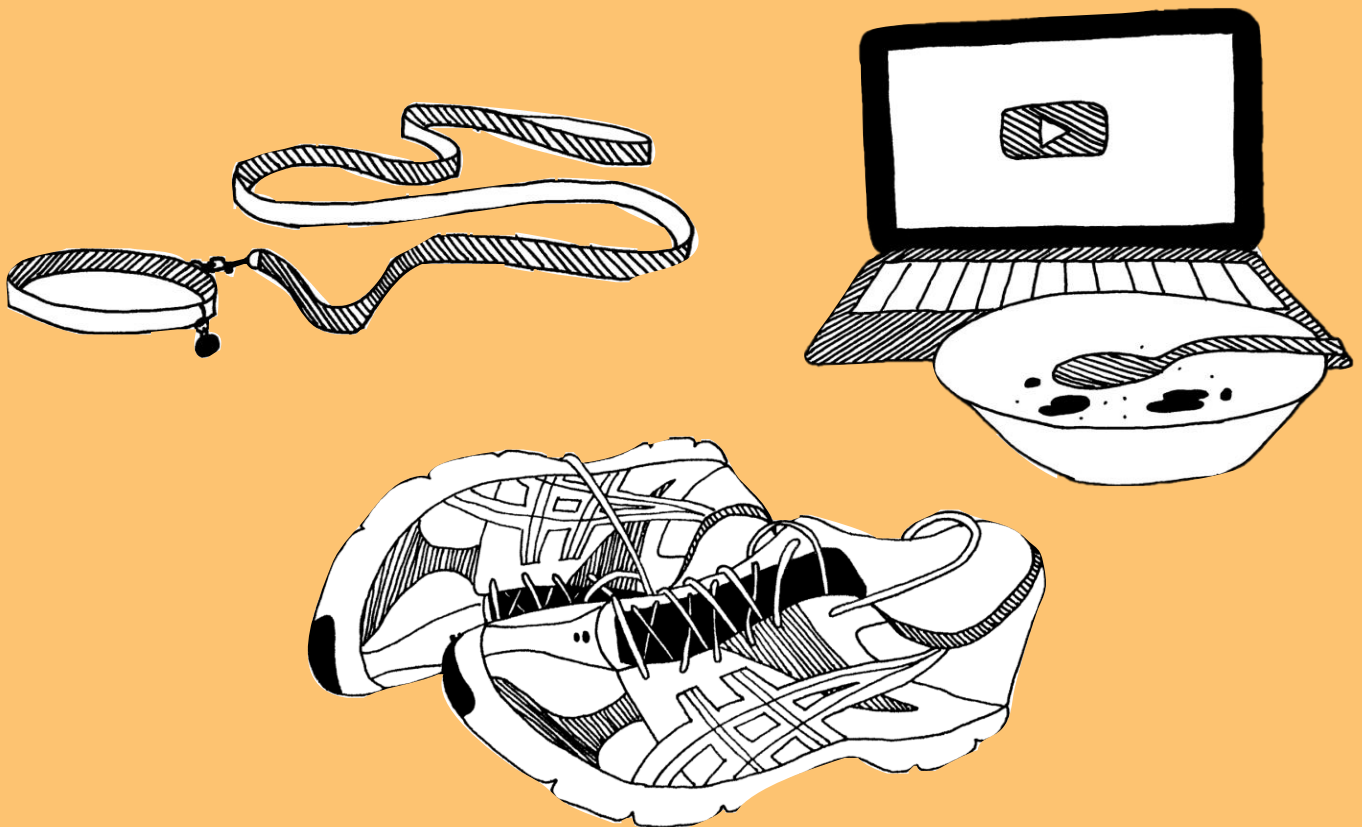


WHAT REALLY WENT DOWN  
DURING QUARANTINE





Some of the many things I can be found  
doing at 10:30am iso time on any given day.





# CLASSIFIED ADVERTISING

## KARENS AVAILABLE

Our company has a ready array of *Karens* for your choosing to repopulate your local shopping centre and cafe. Increase staff morale and capitalist sentiment. CALL TODAY.

## LOOKING FOR SPACE

Looking for ANY sense of personal space. Sidewalk space and government mandated 1.5meteres social distancing. Call us today if you have any.

## CLEANER WANTED

Seeking someone of fit and able character for general cleaning work e.g.; cleaning out the oven, wardrobe, roof gutter. Nimble fingers preferred but not necessary. Pay of 'feelings of accomplishment'.

## TOILET PAPER, HAND SANITISER, FACE MASKS

Do you need toilet paper, hand sanitser or face masks? Have an impending sense of doom in your current reality? We provide items to ease your anxiety at only 10x its pre-pandemic value. Call us today to help us help you!

## CASUAL ACTIVISTS

Experienced in navigating the gram? Maybe you consider yourself a 'content-creator'? We have an excellent opportunity for someone seeking more out of the vapid social media expanse! Boost audience engagement. #Blacksquareposts available in limited supply.



there's never quiet in my head...

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there is always



# SOMETHING

i miss

the quiet...

i miss who

i was in

the

absence

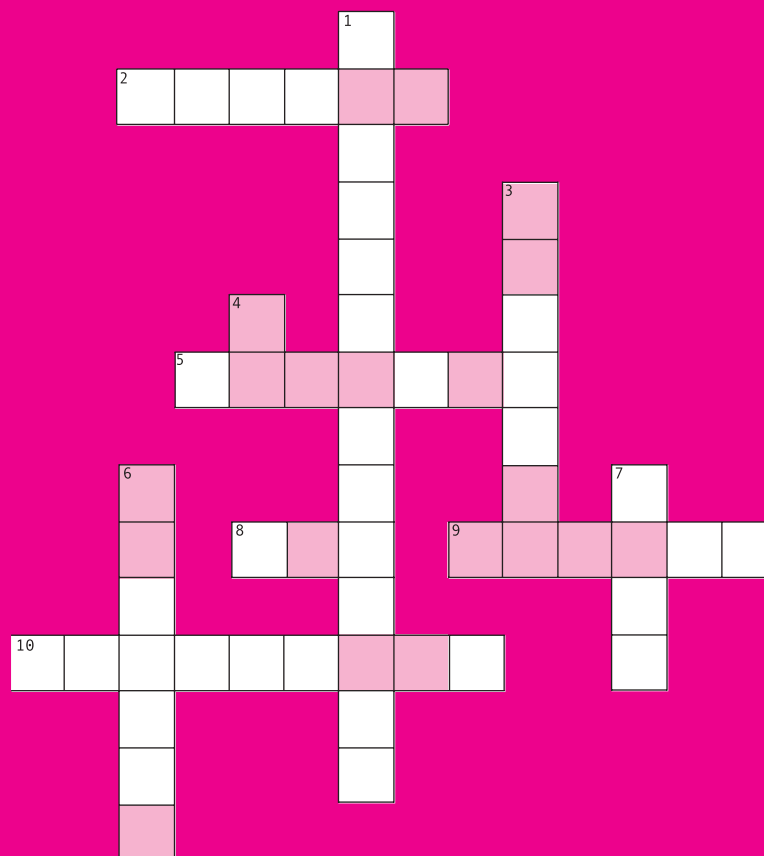
of all

this



# SELF MOTIVATIONAL CROSSWORD

## (FEEL BETTER ABOUT YOURSELF)



### ACROSS

2. FEELING CRABBY (ZODIAC)
5. THE OVER-ACHIEVING SIBLING OF PANCAKES (THIS WAS A CREPE CLUE)
8. PAIRS NICELY WITH BISCUITS
9. SASHA \_\_\_\_\_
10. IN YOUR AREA

### DOWN

1. INEQUITABLE COMMUNITY DISPLACEMENT
3. I MISS GOING \_\_\_\_\_
4. IT'S IN THE GAME
6. THERE'S LAYERS TO THIS SAVOURY DISH
7. THE VID IN CO-VID

### Bonus Jumble

F \_ \_ \_ D Y \_ \_ \_  
 - \_ \_ \_ L \_ \_ (ID \_ \_ \_),  
 L \_ \_ \_ \_  
 \_ \_ \_ \_ \_  
 WITH  
 (4REAL).

CLUE: THE MEANING OF LIFE?

Answers: 1. gentrification 2. cancer 3. outside  
 4. EA 5. waffles 6. lasagna 7. zoom 8. tea 9. velour  
 10. blackpink Bonus: FIND YOURSELF (IDEAL),  
 LEAD WITH LOVE (4REAL)

# Wearing Masks FOR DUMMIES®

And don't forget  
to stay tuned for  
our next book  
"social media marketing  
for dummies" (not to be  
confused with the  
best-seller "stank  
manipulation for  
bezos").



SO YOUR COUGHING DOESN'T SEND OTHERS TO AN EARLY COFFIN



The End... (nah quarantine never ends).

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SIGNAL

